

NEWTON UNIVERSITY INVITES YOU TO PARTICIPATE IN
BLENDED INTENSIVE PROGRAMME

Stay Human

Self-Awareness, Wellbeing & Connection.



Registration:



Learn how to stay human in a fast-
changing, high-pressure world.

22 – 26 June, 2026

NEWTON University Prague

Virtual part: **May 11th, 2026 at 4PM**

Deadline for registration: March 15th, 2026



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**NEWTON
UNIVERSITY**



Opening Session: Monday, June 22nd at 10:00 AM
Closing Session: Friday, June 26th at 1:00 PM

THEMATIC MODULES

Self-Awareness & Building Real Connections

Focused on cultivating self-awareness, emotional resilience, and authentic relationships in a fast-paced, digitally saturated world through practical body–mind tools for stress regulation and personal growth.

Friendship & Loneliness in Today's World

An exploration of how friendship and communication are evolving in the age of social media and AI, examining the roots of student loneliness and what truly sustains meaningful relationships today.

Crisis support & Practical Skills for Real Life

Practical training in recognizing early signs of psychological crisis, responding with sensitivity, and applying essential crisis-support techniques in real-life student situations.

Do you have any questions?

Get in touch with us.



Petra Borkovcová
Programme coordinator
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— ABOUT NEWTON UNIVERSITY:

NU is one of the top private business schools in the Czech Republic. Offers modern education in management, marketing, economics, and psychology with a strong emphasis on practical application.

— BIP COMPLETION:

At the end of the BIP, you will receive a certificate, 3 ECTS credits, your own study materials, and an amazing experience in the heart of Europe – Prague.

— PRACTICAL, RESULTS-DRIVEN WORKSHOPS

You can look forward to mentoring and guidance from experienced experts to mature and scale your business ideas.

— COST & ACCOMMODATION

- Workshops and excursions are fully funded by the EU.
- Participants are required to pay a registration fee of EUR 80, which covers the social program.
- Accommodation is not included.



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