

Brno, 15. 12. 2025

## **Authentic Leadership Bootcamp**

This training program is designed for managers and leaders who want to better understand themselves, their decision-making processes, and the dynamics of their work environment. It offers space for reflection, experience-sharing, and learning practical techniques that participants can immediately apply in their professional lives. The program combines experiential methods, model situations, and expert guidance to support leadership development and effective adaptation to the rapidly changing work environment.

### **During the bootcamp, we will focus on:**

**Effective work with stress and pressure**, helping participants manage demanding situations while maintaining inner stability.

**Strategies for consciously managing personal energy and preventing burnout**, enabling long-term performance and wellbeing.

**Building natural team cooperation** with an emphasis on authenticity, mutual trust, and leading teams toward sustainable outcomes.

**Adapting to change and guiding it meaningfully**, viewing transformation not as a threat but as an opportunity for growth.

The training integrates personal awareness with a range of practical tools that participants can apply both professionally and personally. Through hands-on techniques, feedback, and interactive methods, it supports a deeper understanding of one's leadership style and the way leaders influence their environment.

**We warmly invite you to join our Authentic Leadership Bootcamp**, a unique opportunity to deepen self-understanding, strengthen leadership competence, and recharge in an inspiring environment.

The bootcamp will take place **23–24 April in Brno** and **25–27 April in Lísek (Vysočina)**.

If you're a bachelor's or master's student and would like to take part in this experience, we would be delighted to welcome you.

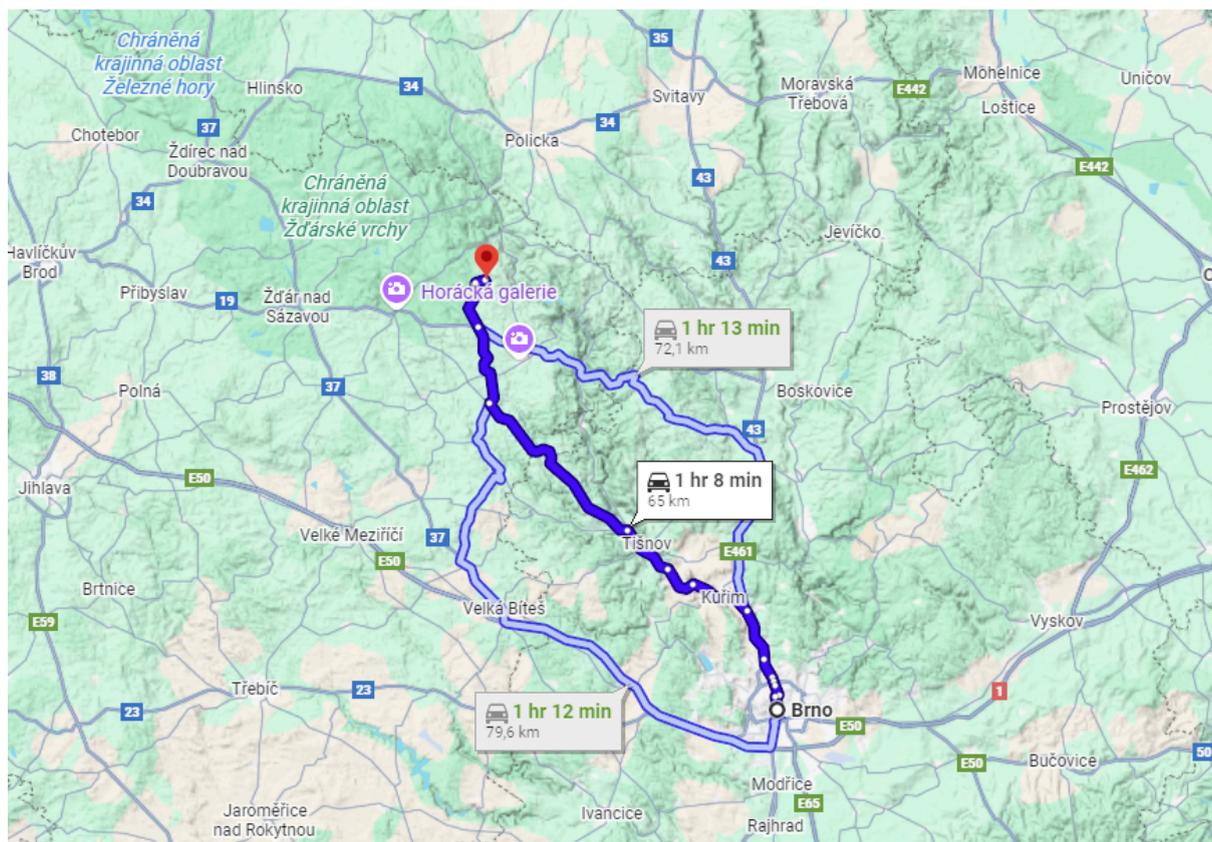
Please note that this is a **different type of programme** than a standard academic course – it is highly experiential and intensive. For logistical reasons, we offer it primarily to **universities located nearby**; ideally, participants come as a **larger group by car**. If this is not possible, that is absolutely fine – we can arrange transport.

The programme **starts in Brno** and then continues with a transfer to **Lísek (Vysočina)**, where the authentic leadership bootcamp itself takes place.

Participants need to come **well prepared**, open to self-reflection, and with **appropriate clothing** for both indoor and outdoor activities.

Regarding the participation fee, the contribution depends on the mode of transport. Participants who arrive **with their own car** and can help with transport on the **Brno–Lísek route** are asked to contribute **€169**. Participants **without a car** are asked to contribute **€189**, as additional transport will be arranged for them.

In both cases, the fee includes **3 nights of accommodation in Lísek** and **3 days of full board**, as well as the full bootcamp programme.



Best regards,

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