



Univerza v Novem mestu  
*University of Novo mesto*



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8000 Novo mesto  
Slovenia  
[www.uni-nm.si/en](http://www.uni-nm.si/en)



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**ERASMUS+**

**BLENDED INTENSIVE PROGRAM**

# ACCESS TO INTEGRATED HOME CARE FOR THE ELDERLY:

an interdisciplinary search for innovative solutions (medical care, social care, technology, economics and physiotherapy)



## AIM:

To familiarize students with the challenges in the field of integrated home care for the elderly and to help them find innovative solutions. As the problems are complex, the program will be interdisciplinary and include economic, social and technological, physiotherapeutic and nursing aspects. A combination of virtual work and an intensive short-term study visit on site will be used.

## OBJECTIVES



**Education and training**

— to improve the knowledge and skills of students in the field of long-term home care



**Innovation and development**

— promoting innovative solutions to improve the quality and accessibility of long-term home care;



**International cooperation**

— to strengthen international cooperation and knowledge exchange between participants from different countries.

Physical mobility at University of Novo mesto:

**14. – 18. October 2024**

Virtual part:

**21. October – 4. November 2024**

Virtual presentation of the results at UNM conference:

**14. November 2024**





## CHALLENGES

The program will address the main challenges of long-term care at home, such as:

- problems with funding,
- poor accessibility to medical, social, psychological and support services (e.g. food delivery, shopping, physiotherapy, education) necessary for quality living,
- uncoordinated care with neglect of psychosocial aspects, the consequences of which include loneliness and social isolation.

# PROGRAM STRUCTURE

ON-SITE PROGRAM

### Lectures and workshops

nursing and physiotherapy education, economic, social and technological aspects of home care for the elderly, familiarizing students with the basics of long-term home care, legal framework, holistic and integrated health care (nursing and physiotherapy) and social care at home, economic and technological aspects of home care and examples of best practices from different countries.

### Project work

formation of international interdisciplinary teams (the team consists of five students: nursing, physiotherapy, social work, economics and engineering students) for project work to be carried out virtually

### Visits and social events



Continuation of the project work with at least one meeting with the mentor

Preparation of the report by November 4, 2024

Presentation of the results at the conference (special section) to other participants and the expert committee

VIRTUAL PART



### MORE INFORMATION



[Website for incoming students](#)



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